

NITIE EBSB Report YOGA QUIZ

Department: Ministry of Education – Higher Education

State: Maharashtra

Event Category:

Event/Activity Name: Online Multilingual Yoga Quiz for 7th International Yoga Day

Venue: Virtual

No of Participants: 62

No of Resource Persons: 3

Report Description: As a part of 7th International Yoga Day on 21st June 2021, NITIE Ek Bharat Shrestha Bharat team designed an online yoga quiz in Marathi, Odiya, Hindi, and English. Multilingual questions served the purpose of sharing knowledge among participants in various language especially Marathi and Odiya. Considering the severity of the current resurgence in the pandemic and ongoing work from home classes, we decided to include an online quiz based on common yoga protocol along with other yoga related activities celebrated in the Institute.

The spread of yogic knowledge through multilingual questions made it a part of EBSB activity. This quiz was also an attempt to integrate yoga into our EBSB activities (in lines with Communication no. D.O. M- 15011/2/2021-YN-Part (1) Dated: 2nd March 2021 regarding the suggestion of integrating yoga with ongoing and upcoming initiatives, such as conferences, seminars, meetings, workshops etc. wherever and whenever possible). Hence, we celebrated yoga aligning to the spirits of EBSB.

Department Sub-Category: AICTE Regulated Institutions

Institute: NITIE Mumbai

State Pair: Maharashtra : Odisha

Event Sub-category:

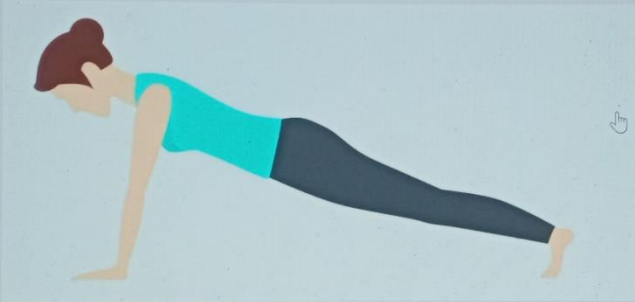
Start Date: 21st June 2021

End Date: 21st June 2021

Report Name: NITIE EBSB June 2021 Report

Questions Responses 62


दिलेल्या प्रतिमेतून योगासन ओळखा।
 ଚିତ୍ରରେ ଦିଆଯାଇଥିବା ଯୋଗ-ଆସାନା ଚିହ୍ନଟ କରନ୍ତୁ। *



Plank / फलकासन / फलकासन / फालकासना। ✓
 Downward facing dog pose / अधोमुखश्वानासन / अधोमुखश्वानासन / ଆଧୋ ମୁଖ ଥିରାସାନା।
 Snake pose / भुजंगासन / भुजंगासन / ଭୁଜଙ୍ଗସାନା।

7

Identify the yogasana in the given image.
 निम्नलिखित चित्र में आसन को पहचानें।
 दिलेल्या प्रतिमेतून योगासन ओळखा।
 ଚିତ୍ରରେ ଦିଆଯାଇଥିବା ଯୋଗ-ଆସାନା ଚିହ୍ନଟ କରନ୍ତୁ। *




Boat pose / नौकासन / नौकासन / ଢଙ୍ଗା।
 Upward facing dog pose / ऊर्ध्व मुख श्वानासन / ऊर्ध्व मुख श्वानासन / ଭୂଲୟ-ମୁଖ ଶ୍ଵାସକ୍ରିୟା। ✓
 Snake pose / भुजंगासन / भुजंगासन / ଭୁଜଙ୍ଗସାନା।

Questions Responses 62

8

Identify the yogasana in the given image.
 निम्नलिखित चित्र में आसन को पहचानें।
 दिलेल्या प्रतिमेतून योगासन ओळखा।
 ଚିତ୍ରରେ ଦିଆଯାଇଥିବା ଯୋଗ-ଆସାନା ଚିହ୍ନଟ କରନ୍ତୁ। *



Warrior 1 pose / वीरभद्रासन 1 / वीरभद्रासन 1 / ବିରଭଡ୍ରା ଶ୍ଵିତି 1। ✓
 Warrior 2 pose / वीरभद्रासन 2 / वीरभद्रासन 2 / ବିରଭଡ୍ରା ଶ୍ଵିତି 2।
 Lord of the Dance pose / नटराजसन / नटराजसन / ନାଟରାଜସନ।

Questions

Responses 62

4

Identify the yogasana in the given image.

निम्नलिखित चित्र में आसन को पहचानें।

दिलेल्या प्रतिमेतून योगासन ओळखा।

ଚିତ୍ରରେ ଦିଆଯାଇଥିବା ଯୋଗ-ଆସନା ଚିହ୍ନଟ କରନ୍ତୁ ।*



- Child pose / बालासन / बालासन / बालासना ।
- Monkey pose / हनुमानासन / हनुमानासन / हनुमानासना ।
- Corpse pose / शवासन / शवासन / शवासना ✓